



About St. Lawrence Place...

St. Lawrence Place is a community of 28 homes, providing programming and transitional housing—for up to two years—to qualifying homeless families with children. More than bricks and mortar, St. Lawrence Place provides structure, training, and support that families in crisis need to regain their independence.

About Race for the Place...

The course is fast and flat through Shandon. The certified course (SC03017BS) is part of Columbia Running Club's **Tour de Columbia** (www.colarunclub.com).

The Start and Finish Line is at the corner of Bonham and Blossom Streets, near St. Joseph Catholic Church.

Sponsoring congregations:

- Downtown Church
- St. Joseph Catholic Church
- Trinity Episcopal Cathedral
- Eastminster Presbyterian
- Shandon Presbyterian
- Shandon United Methodist
- Trenholm Road United Methodist
- St. John's Episcopal Church



St. Lawrence
Place
5K Run & Kid's Fun Run
2400 Waites Road
Columbia, SC 29204



February 11, 2012

8:00 a.m. 5k Run/Walk
9:00 a.m. Fun Run

St. Joseph Catholic Church
3600 Devine Street

The mission of St. Lawrence Place is to provide support services, life skills, and transitional housing to enable homeless families to achieve independent living as productive members of the community.

www.stlawrenceplace.org

St. Lawrence Place is the primary program of Trinity Housing Corporation, a not-for-profit 501(c)(3) organization.

Race for the Place Run/Walk Entry Form

Please print clearly. One registration form per person. Make additional copies as needed.

Name _____

Address _____

City _____ State _____ Zip _____

Home Phone _____ Email Address _____

Emergency Contact _____ Emergency Phone _____

Age (Race Date) _____ Date of Birth _____ Male Female

Advanced Registration

- 5k Run/Walk, \$25 pp by January 31, 2012
- Children's Fun Run, \$10 pp by January 31, 2012

Registration

- 5k Run/Walk, \$30 pp after January 31, 2012
- Children's Fun Run, \$10 pp by January 31, 2012

T-shirt Size Adult Size S M L XL XXL
 Youth Size S M L XL

Organization/Congregation/School Name (for TOP award): _____

Release

In consideration of the acceptance of this entry, I hereby, for myself, my heirs, executors, administrators and assigns, and anyone entitles to act on my behalf, release and discharge Trinity Housing, St. Lawrence Place and the sponsoring churches for Race for the Place, event sponsors, their representatives and successors, promoters, managers, directors, officials, agents, employees and volunteers of the Race for the Place, from any claims of injury or liabilities of any kind, illness or damages suffered by me, as a result of participation in or traveling to and from this event. I hereby certify I am in the physical condition and have the skill level needed to safely compete in these events. I also give my permission for free use of my name and/or picture in any broadcast, telecast or other written account of the event.

Signature: _____ **Date:** _____

(Parent or guardian if child is under age of 18)

To register in advance

Register online at www.strictlyrunning.com
or mail/deliver completed form with check to:
St. Lawrence Place
Race for the Place
2400 Waites Road
Columbia, SC 29204

Total Amount Enclosed: \$ _____



General Information

Come out for a fast and flat course and support the homeless families and programs of St. Lawrence Place!

Race for the Place 5k Run and Walk

Saturday, February 11, 2012
St. Joseph Catholic Church
(corner of Bonham and Blossom)
8:00 a.m.

Race for the Place Children's Fun Run

Saturday, February 11, 2012
St. Joseph Catholic Church
(corner of Bonham and Blossom)
9:00 a.m. (will begin 15 minutes after 5k ends)

Participants Receive

All 5k run/walk participants receive a long sleeve race t-shirt and finish line refreshments. Fun Run participants receive short sleeve t-shirts and refreshments.

Awards Information

Top Three Overall (male/female): \$75, \$50, \$25
Top Male and Female Masters: \$50
Age Group Awards

Trophy for Organization Participation (TOP)

The business, congregation, school or organization with the most participants (runners, walkers and/or volunteers) will receive a specially designed award and traveling trophy.

Course Certification #SC03017BS

Race is part of Columbia Running Club's Tour de Columbia.

Packet Pick-Up

Race packets will be available on the morning of the race beginning at 7:00 a.m. near the start line.

Register

On-line at www.strictlyrunning.com or by completing attached registration form and mailing with check (made payable to St. Lawrence Place) to:
Race for the Place, 2400 Waites Road, Columbia, SC 29204.

For More Information

Call 803.256.3999 or email
bsmith@stlawrenceplace.org