4th Annual

BFA FCA 5 K

The heart and soul in sports®

Saturday, March 23, 2013

9:00 am

General Information

- The race is held at Willow Creek Golf Course.
- Anyone who registers after March 8th, is not guaranteed a t-shirt.
- Sign in on Race Day is from 8:00 - 8:45 am.
- Race begins at approximately 9:00 am.
- Online registration available through Strictlyrunning.com

(Convenience fee for Online Registration)

Course Description

The race course travels through the beautiful Willow Creek Golf Community. The running course is designed as an out and back with gentle slopes and beautiful scenery.

Race Awards

Prizes will be presented to the overall male and female winner. Awards will be presented for the top male/female in each age division:
14 & under, 15-19, 20-24, 25-29, 30-34, 35-39, 40-44, 45-49, 50-54, 55-59, 60-64, and 65 & up.

New Race T Shirt for 2013

Relay For Life Luminary bags will be available for a $10.00 donation.

Register online at StrictlyRunning.com

or

Mail Registrations to;

BFA FCA 5K

P.O. Box 277

Duncan, SC 29334

Make checks payable to **FCA**

For more information

(864) 380-9023

All proceeds go to Relay For Life.

RELAY FOR LIFE

American Cancer Society

Registration Information

- Register online at StrictlyRunning.com
- Early registration $25.00

>>>Day of race is $30.00<<<

- Sign in is 8:00 - 8:45 am on race day.

DISTRICT 5 EMPLOYEES ONLY

PLEASE ENTER YOUR SCHOOL HERE:

T-Shirt Size Circle: Adult

S M L XL XXL (add $2)

Sorry, No Pets !

Registration Form

Name _____ Phone _____

Address _____

City, State, Zip _____

☐ Male ☐ Female Age on March 23, 2013: _____ DOB _____

Emergency Contact _____ Phone _____

Waiver/Release Form:

I waive any and all claims against the Byrnes Freshman Academy, FCA, Spartanburg School District 5, Willow Creek Golf Club, Willow Creek POA, all sponsors, volunteers, timers and contributors for illness or injury which may result directly or indirectly from my participation in this race. I further state that I am in the proper physical condition to participate in this event.

Participant Signature _____

Signature of Parent/Legal Guardian _____

(Parent or Guardian signature required if participant is under 18)