

2017 LAKE MURRAY DAM RUN

Please print clearly. One registration form per person. Make additional copies if needed.

Name _____

Address _____

City _____ State _____ Zip _____

Phone _____ Email _____

Emergency contact _____ Emergency phone _____

Date of Birth _____ Male Female

10K - Saturday, September 16, 2017, 7:30 a.m.
\$30 (before August 1, 2017) \$35 (on or after August 1, 2017)

5K - Saturday, September 16, 2017, 7:50 a.m.
\$25 (before August 1, 2017) \$30 (on or after August 1, 2017)

Dri-Fit T-shirt Size: S M L XL XXL

Runners registering prior to August 15, 2017 are guaranteed a T-shirt. T-shirts will not be held for registrants who do not run the event.

Release: I understand that running or walking in this event is a potentially hazardous activity and I am in proper physical condition for this event. In consideration of acceptance of my application for this event, I on behalf of myself, my heirs, personal representatives, and assigns, hereby waive and release any and all right and claims for damages you may have against the organizers, sponsors, officials, volunteers, their representatives, and successors for any and all injuries or damages suffered by myself in the event. If for any reason you are unable to compete in this event, your registration fee is non-refundable. Your registration may be transferred prior to September 1, 2017. You hereby grant permission for use of any and all information submitted in your application and your name, photograph, videotape, voice, or likeness for pre- and/or post-race publicity. If you are under 18 years of age at the time of registration or the event, your parents or legal guardians have fully read, understand, and consent to the terms of this Release.

Signed _____ Date _____

(parent or guardian if under 18)

Make checks payable to: Rotary Club of St. Andrews – 2515 Devine Street, Columbia, SC 29205

Register online at: www.strictlyrunning.com



Saturday, September 16, 2017
10K - 7:30 a.m. | 5K - 7:50 a.m.*

* NEW TRANSPORTATION PROCEDURE *

All participants will park at the Saluda Shoals Park east entrance lot - 6071 St. Andrews Road, Columbia, S.C. (behind Bi-Lo / Aldi). 10K participants will board shuttles for transportation to the start line on the Lake Murray Dam. No parking will be permitted at the Lake Murray Dam. The final shuttle to the start line will depart at 6:55 a.m. 5K runners will park, start, and finish near the Saluda Shoals Park.

Events will be held rain or shine.

Awards: • \$200 and crystal award to 1st place overall male & female winners • \$100 and crystal award to 2nd place overall male & female winners • \$50 and crystal award to 3rd place overall male & female winners • Awards to 1st place winners in each age group (14 & under, 15-19, 20-24, 25-29, 30-34, 35-39, 40-44, 45-49, 50-54, 55-59, 60-64, 65 & over Starting Line Location: Lexington side of Lake Murray Dam near stoplight at Corley Mill Road and the SCE&G (lakefront) parking facility 1 279 "Dam Run" Race Medallions to All 10-K Runners!

Packet Pick-Up: September 14-15 between 11:00am-6:30pm @ Strictly Running (2515 Devine Street, Columbia, SC 29205), or on race morning at the finish line.

Questions??? Phone (803) 799-4786 or www.strictlyrunning.com