



# “Grand Slam 5k” Run/Walk

## Thursday, September 21

Presented by Winnsboro Rotary Club in order to raise funds for the Global Pencil Project and Winnsboro Rotary Service projects

**Registration:** Applications can be mailed (by 9/11/17) or returned by 9/19/17 with \$15 (individual) or \$12 (with team of 5+) registration fee payable to Winnsboro Rotary, P.O. Box 73, 1851 US Hwy 321 N, Winnsboro, SC 29180 (FF Co Recreation Center). T-Shirts will be available with each registration form while supplies last. Individual late registration will be held at the race, at the Gazebo downtown Winnsboro, from 4:45-5:45pm. **Late registration fee is \$20. ENTRY FEES ARE NON-TRANSFERABLE AND NON-REFUNDABLE.** Register online at [www.strictlyrunning.com](http://www.strictlyrunning.com) or at the Recreation Center. For further information call Lori Schaeffer at 803-635-9114.

### RACE DAY SCHEDULE OF EVENTS

\*4:45-5:45 PM – INDIVIDUAL LATE REGISTRATION, RACE TAG & RECORDING CHIP

\*5:30PM- WELCOME, REVIEW RACE RULE

Meet at Gazebo Downtown

ZUMBA WARMUP

**NEW \*\* 6:00PM - ROOKIE FUN RUN- FEEL FREE TO DRESS UP**

\*6:30 PM-5K RUN

\*6:35 PM-1.8 MILE



### AGE CATEGORIES

- 12 & under
- 13-19
- 20-29
- 30-39
- 40-49
- 50-59
- 60+

*Awards will be given to the OVERALL male and female finishers, as well as the TOP 3 male and female finishers in each age group. (Overall winners not eligible for age-category awards.)*

#### TEAM AWARDS

**1<sup>st</sup> Place: \$150**  
**2<sup>nd</sup> Place: \$100**  
**3<sup>rd</sup> Place: \$75**

For more information, contact Lori @ 803-635-9114 ext100 - Detach and return form below. DEADLINE: 9/13/16

5k Run/ 1.8 mi Walk

REGISTRATION IS DUE SEPT. 13<sup>TH</sup>, 2017



Please check one: \_\_\_ 5k Run \_\_\_ 1.8 mile Walk \_\_\_ Individual \_\_\_ Team (5 or more) Team Name: \_\_\_\_\_

Name: \_\_\_\_\_

Street Address: \_\_\_\_\_ City: \_\_\_\_\_ State: \_\_\_\_\_

Zip Code: \_\_\_\_\_ Phone: \_\_\_\_\_ - \_\_\_\_\_ - \_\_\_\_\_ Circle One: **Male** **Female**

Age on Race Day: \_\_\_\_\_ Birthdate: \_\_\_\_\_ E-mail Address: \_\_\_\_\_

**Entry Fee: \$15 –Early Registration, \$12-Team registration(5 or more) \$20 – Late Registration. \$10- Ages 11 and under (NON- TRANSFERABLE and NON- REFUNDABLE)**

T-Shirt Size (circle): Small Medium Large X-Large XX-Large XXX-Large

Liability Waiver and Release: In consideration of acceptance of the entry, I, my heirs, personal representatives and assigns do hereby release the sponsors, race workers and officials of this race from any and all liability arising from illness, injuries, or other damages I may suffer as a result of participation in such event. I affirm that I am physically able and have sufficiently trained for participating in this event and I am aware that participation in this event could result in severe physical soreness or injury. I understand that the entry fee is non-refundable. Should race officials determine that completion of this event would be injurious to my health, I consent to being removed from the course and treated by the medical personnel in attendance or at their direction. I consent to being photographed and picture(s) to be used in public relation efforts of Winnsboro Rotary.

Date \_\_\_\_\_ Participant Signature \_\_\_\_\_ Parent/Guardian Signature (if under 18) \_\_\_\_\_