

# Trail to the Ale

5K Race Benefiting  
Ronald McDonald House Charities Columbia, SC.



**Saturday, July 22, 2017**

Saluda Shoals Park  
6071 St. Andrews Road  
Columbia, SC, 29212

**\$30 Race Entry**



Ronald McDonald  
House Charities®  
Columbia, SC

## Registration Includes:

Professionally timed race provided by Strictly Running | Race Day T-shirt  
One Complimentary Beer provided by Casual Pint  
Beer Garden after race featuring local food trucks and beverages to purchase!

*\*\* Must be 21 years or older to participate! \*\**

## Proudly Supported By:



Pre-register online at [www.strictlyrunning.com](http://www.strictlyrunning.com)

Only 300 Entries! Register today before this race is SOLD OUT!

5K Race Start: 6:30 p.m.

Race Day Check- In- 5:30 p.m. to 6:15 p.m.

For more information go to [www.rmhcolumbia.org](http://www.rmhcolumbia.org) or e-mail [Jessica@rmhcolumbia.org](mailto:Jessica@rmhcolumbia.org).