



Saturday, March 10, 2018



USATF Certified Course, #SC16011DW. A member of the Tour de Columbia, Columbia's Running Club.

Come Walk, Run, Stroll or Roll through the enchanted neighborhoods tucked away in the Old Woodlands and Hamptons subdivisions in Columbia, SC. Starting at Meadowfield Elementary, the fast, fun and challenging 5k will end at Woodland Park where the FUN RUN and PLAY time begin. The Fun Run course wraps through the trails of the park, and rewards all runners with medals and entertainment, with bounce houses, food and fun for the entire family. Proceeds from the event will benefit our neighborhood school, Meadowfield Elementary.

SATURDAY, MARCH 10, 2018

7:00 AM Day of Registration /Packet Pick up
 8:30 AM 5K Run/ Walk
 9:30 AM 5 K Awards
 9:30 AM Fun Run

PARTICIPATION FEES:

Early Bird 5K Registration (til March 1st)
 Run/Walk: \$25.00
 5k Run/Walk after Early Bird: \$30.00
Day of Registration: \$35.00
 Fun Run: (5-12 yrs) \$10.00

Registration for the 5k Run/Walk or Fun Run includes T-shirt for pre-registered participants only.

Registrations made after March 1st are not guaranteed a race day T-shirt.

Prizes will be awarded for each age group in the 5K Run/Walk. Fun Run participants will receive a T-shirt and Medal.

NAME: _____ BIRTHDAY: _____ MALE: _____ FEMALE: _____
 ADDRESS: _____
 CITY: _____ STATE: _____ ZIP CODE _____
 PHONE: _____ EMAIL _____
 EMERGENCY CONTACT NAME _____ PHONE: _____

T-SHIRT SIZE: YS YM YL SM MED LG XL XXL

REGISTER ONLINE at STRICTLYRUNNING.COM

or make checks payable to Meadowfield PTO
 mail to:

Meadowfield Elementary School PTO
 525 Galway Lane, Columbia, SC 29209

NO REFUNDS. RACE WILL PROCEED RAIN OR SHINE.

Waiver: I, the undersigned applicant, understand that by participation in the Woodlands 5K & Play, do hereby release and forever discharge the Woodlands 5K & Play, Meadowfield Elementary School PTO, its agents, staff, sponsors and volunteers from any and all liability and responsibility for any injury or illness which may result from participation in the Woodlands 5K & Play. I do hereby further agree to indemnify and hold harmless Woodlands 5K & Play and the Meadowfield Elementary School PTO, its agents, staff, sponsors and volunteers from any liability in such regard. I understand that my name and picture may be used for promotional purposes without any compensation to me.

 Participant Signature

 Parent/Guardian Signature

 Date