



POWERING HEARTS AND MINDS



Proceeds will go towards local mental health initiatives.
For more details, vendor application : contact Aisha Lake at 803-667-6214 or
pathwaystoempower@outlook.com

5K

EVENT DETAILS

This is a family-friendly event featuring:

- A 5k Walk/Run & Kids Fun Run
- Fun Activities
- Raffles/Giveaways
- Vendors
- Food
- Good Vibes

RUN & WALK

SATURDAY

► **SEPTEMBER 13, 2025**

07:00AM



Website:
<https://pathwaystoempowerment.net>



Registration
www.strictlyrunning.com



Location:
Charlie W. Johnson Stadium
1920 Two Notch Road; Columbia SC 29204