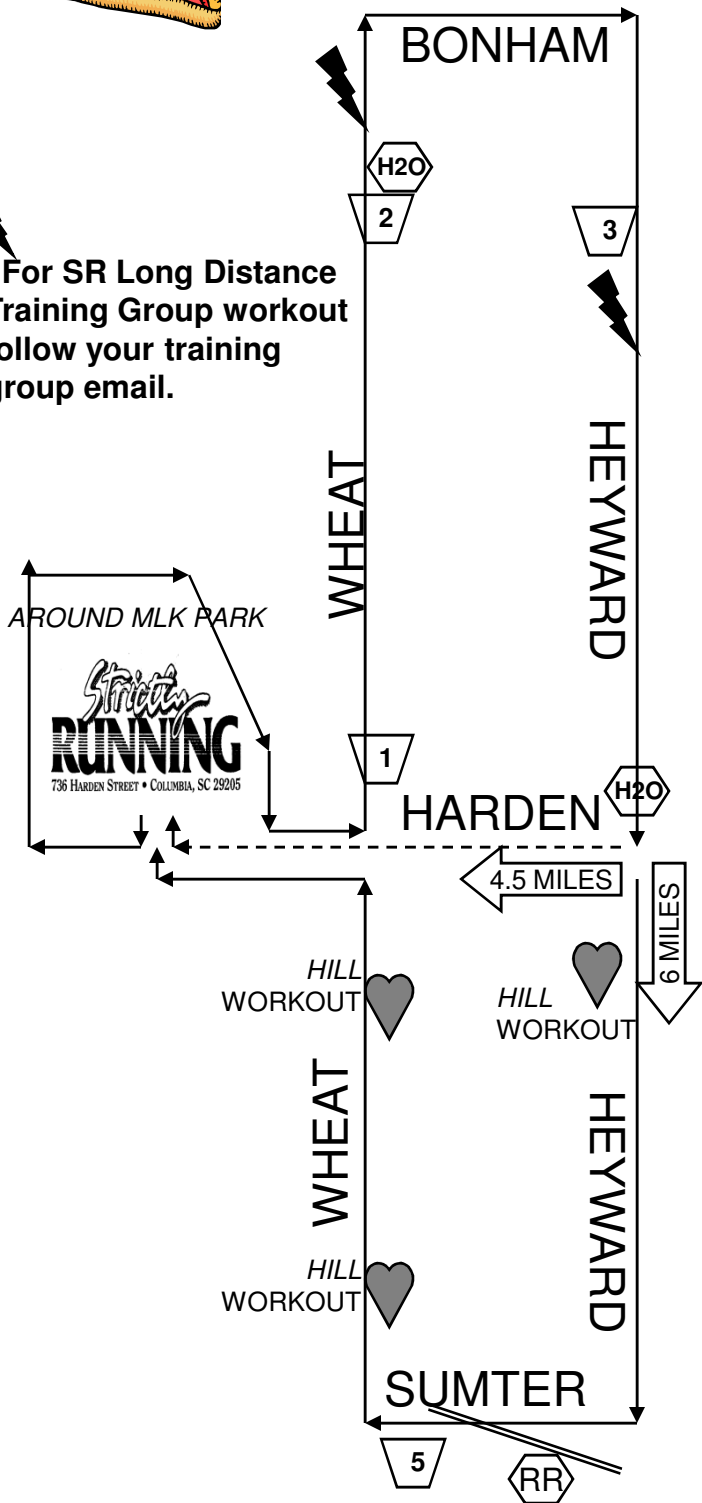




SR Wed Night Running Group Run for PIZZA...

Where running is Simple, Easy and FUN

For SR Long Distance Training Group workout follow your training group email.



SAFETY FIRST –Use Reflective gear.
RUN ON **LEFT** SIDE OF ROAD & YIELD TO ALL TRAFFIC. PARTNER UP!