



January 25th, 2020

5th Annual 5K & 1 mile “Fun Run”

Ranked one of the top 20 races in SC!

3700 Devine St. | Columbia, SC | 29205

Packet Pick-Up for Pre-Registered Racers:

- FRIDAY, JANUARY 24th (11am– 6pm) at Strictly Running (2515 Devine Street), or
- SATURDAY, JANUARY 25th (7am) on race day at the school.

5K & Fun Run Course Descriptions:

The 5K start line is behind St. Joseph Catholic Church/School (on the corner of Bonham & Blossom streets). The race loops through the historic Shandon neighborhood and finishes behind the school on Blossom Street. The one mile Fun Run is an out and back course that begins/ends on Bonham Street.

Saintly Info:

- The 5K is a certified course.
- The race is part of the Columbia Running Club Tour de Columbia.
- For the safety of all, please no dogs or strollers.
- A portion of the race proceeds will go to the St. Vincent de Paul Food Pantry.
- Rain or shine, the race will go on!
- USATF Certificate # SC14012DW

Race Start Times:

- 5K starts at 8:00 AM
- One Mile Kid’s Fun Run starts at 8:45

For more information, please contact: MC Cox at mccox@sc.rr.com or call Saint Joseph Catholic School at (803) 254-6736.

5K Pre-Registration:

- \$30 fee per person for 5K (regardless of age).
- One free “Fun Run” registration is included with every paid 5K entry.
- All 5K runners will receive a race t-shirt if they register BEFORE January 16th, 2020.
- Runners who register after January 16th, 2020 are not guaranteed a race t-shirt.

5K Day-Of-Race Registration:

- \$35 fee per person for 5K (regardless of age).
- Race t-shirts are not guaranteed.

One Mile Fun Run: (for children ages 10 and under)

- \$10 fee per person for the Fun Run.
- PLEASE NOTE that one free Fun Run registration is included with each paid 5K entry.
- All who finish the Fun Run will receive a Finisher’s Medallion.
- Fun Run participants are not provided a t-shirt, however you can purchase a race shirt for an additional \$20.

5K Awards:

CASH AWARDS will be given to the:

- Top three male and female overall finishers
- Top male and female Masters (40 – 49 years old) and Grand Masters (50+ years old)

Hand-crafted, student-made, awards will be given to the top three male and female finishers in each age group:

- 6 years old and younger
- 7 - 8 years old
- 9 - 10 years old
- 11 - 12 years old
- 13 - 14 years old
- Every five years ages 15 through 70 and older

All registrations must be completed on-line by visiting:

www.strictlyrunning.com