



Join the Race Against Child Abuse

**2019 SUPERHERO 5K
FAMILY FUN DAY**

**SATURDAY, NOVEMBER 2, 2019
AT SEGRA PARK**

- 5K Run/Walk: 8 AM
- 100M Kids Dash: 10 AM
- Costume Contest for Adults, Children & Dogs : 11 AM

<https://www.strictlyrunning.com/gpuilGroupTip.asp?uRaceId=3229&uGroup=Y>



FREE FOOD, GAMES, PRIZES AND MORE!!!