



Please come join us at the 11th annual **See Spot Run/Walk 5K**
Saturday, May 2, 2020 at 8am (Rain or Shine)

Our 5K course is certified by the USA Track and Field Association and is a designated race on the Tour de Columbia. The race starts in Earlewood Park and is designed to offer a fun and scenic route through the beautiful and historic neighborhoods of Earlewood and Elmwood Parks. A popular attraction for many of Columbia's competitive runners, 5K participants are also encouraged to bring their pets to join in the run or to walk the course. So bring your best friend, two or four-legged, and help The Humane Society end animal cruelty and overpopulation in the Midlands.

For more information visit the Events Page at www.humanesc.org or email us at seespotrun5k@gmail.com

To register, visit www.strictlyrunning.com and click on See Spot Run event.