



PROCEEDS BENEFITING

Sexual Trauma Services of the Midlands

WIL to Run

VIRTUAL 5K ■ OCTOBER 3RD - 11TH

RACE WEEK

T-SHIRT PICK-UP

OCTOBER 1ST & 2ND

RUN OR WALK

OCTOBER 3RD - 11TH

AWARDS CHOSEN

OCTOBER 12TH

REGISTER

BEFORE

SEPTEMBER 15

TO RECEIVE

YOUR T-SHIRT

IN TIME FOR

RACE WEEK.



RUN OR WALK

WHEN AND WHERE

YOU WANT DURING

RACE WEEK. SNAP

A SELFIE AND USE

OUR HASHTAG:

#WILtoRun5k!

Run. Walk. Raise money for a great cause!



Sponsored by Women in Law at the University of South Carolina
and South Carolina Women Lawyers Association

For more information and
to register visit

www.strictlyrunning.com

RACE DESCRIPTION

This year Women In Law is creating a safe and rewarding 5k race experience by offering a virtual event! The WIL to Run 5k will be open from October 3, 2020 through October 11, 2020. To participate, run (or walk!) at your favorite location anytime, anywhere during that week. Then, upload a photo to Facebook or Instagram with the hashtag #WILtoRun5k.

Our virtual event is designed to encourage participants to get outside and get moving while benefiting a great cause. Through this race, Women In Law brings attention to the vitally important services of Sexual Trauma Services of the Midlands (STSM), a private, non-profit organization that provides crisis intervention, advocacy, and support services to survivors of sexual assault and abuse in Richland, Lexington, and Newberry counties.

We have procured the services of Strictly Running to register all race-day participants and your t-shirt order. The race registration fee includes a WIL to Run 5k t-shirt or you may purchase an additional shirt separately. The race webpage can be viewed by following this link: <https://www.strictlyrunning.com/gpuilreg-8L.asp?uRaceId=3667>. All additional money raised will be donated to STSM.

You are encouraged to pick up your race t-shirt prior to the event to wear while running the 5k. In order to secure your t-shirt order prior to race day, please register by September 15th. We will offer a race t-shirt pickup on Thursday, October 1, and Friday, October 2, at the University of South Carolina School of Law. You will find our table set-up located in the front of the building at 1525 Senate St, Columbia, SC 29201.

All participants should wear a mask when picking up their race t-shirt. Please have your ID available. Participants may pick up for friends or family; however, the friend's ID or confirmation email may be required. If you are picking up for five or more people, please contact Women In Law to make arrangements for a group pick up at scalisel@email.sc.edu.

Race results will be released on October 12. Awards will be distributed based on the photos submitted with the hashtag #WILtoRun5k. Participants may win an award based on the following categories:

- Cutest dog award
- Craziest race day attire award
- Most colorful tennis shoes award
- Youngest participant award
- Oldest participant award

- Best post-run picture award
- Mask model award
- Adventure award (share the most unique/beautiful running location)
- Relay award (tag the most friends to get outside and get active)
- Best playlist award (put your favorite running song in your caption)

On Monday, November 2, and Tuesday, November 3, we will have our second t-shirt order pick up at the University of South Carolina School of Law. Additionally, we will distribute awards to our WIL to Run 5k event winners at the Law School. You will find our table set-up located in the front of the building at 1525 Senate St, Columbia, SC 29201.

We look forward to seeing you soon!

Happy walking/running,
Women In Law