



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

SATURDAY, OCTOBER 22

PUMPKIN RUN

5K RUN OR WALK | KIDS FUN RUN | COSTUME CONTEST

Come run, jog, or walk with us at the annual Pumpkin Run 5K and Fun Run on Saturday, Oct. 22! Proceeds benefit the Y's Annual Campaign, which provides financial assistance to those in our community who need the Y's life-changing programs and services the most. The Y's community support addresses many issues such as school readiness, chronic diseases, swim safety, and youth feeding programs.



Entry Fees:

- » Fun Run Registration: \$10 or \$15 with a t-shirt
- » Early Registration: \$30
- » Race Day Registration: \$35

Packet Pick-Up at NorthWest FamilyYMCA:

- » Early Pick-Up: Friday, Oct. 21, 5:00 am-8:00 pm
- » Race Day Pick-Up: starting at 7:00 am

Race Day Schedule:

- » 7:00 am – Packet pickup & Late registration
- » 8:00 am – Kids 1-Mile Fun Run
- » 8:30 am – 5K Race Start
- » 9:35 am – Awards Ceremony

Costume Contest:

Wear your favorite Halloween costume and see if you're the pick of the patch! Prizes will be given for 1st, 2nd and 3rd place. You must be registered in the race to win!

REGISTER AT
columbiaymca.org/events

RUN WITH PURPOSE.

NORTHWEST FAMILY YMCA