

# REGISTER TODAY

## HEALTHY STRIDES 5K



**Scan to Register**

Select 4/15/2023 Healthy Strides, Columbia

## When

April 15th, 2023 at 8 AM

\*Rain or shine

## Where

Starting line is at the corner of  
Devine St. and King St.

\*Near Strictly Running

## Cost

\$30 per entry

\*price increases March 1st and  
April 1st

For more information or sponsorship  
inquiries, visit [strictlyrunning.com](http://strictlyrunning.com) or

contact Joe Boscia

[joseph.boscia@uscmed.sc.edu](mailto:joseph.boscia@uscmed.sc.edu)

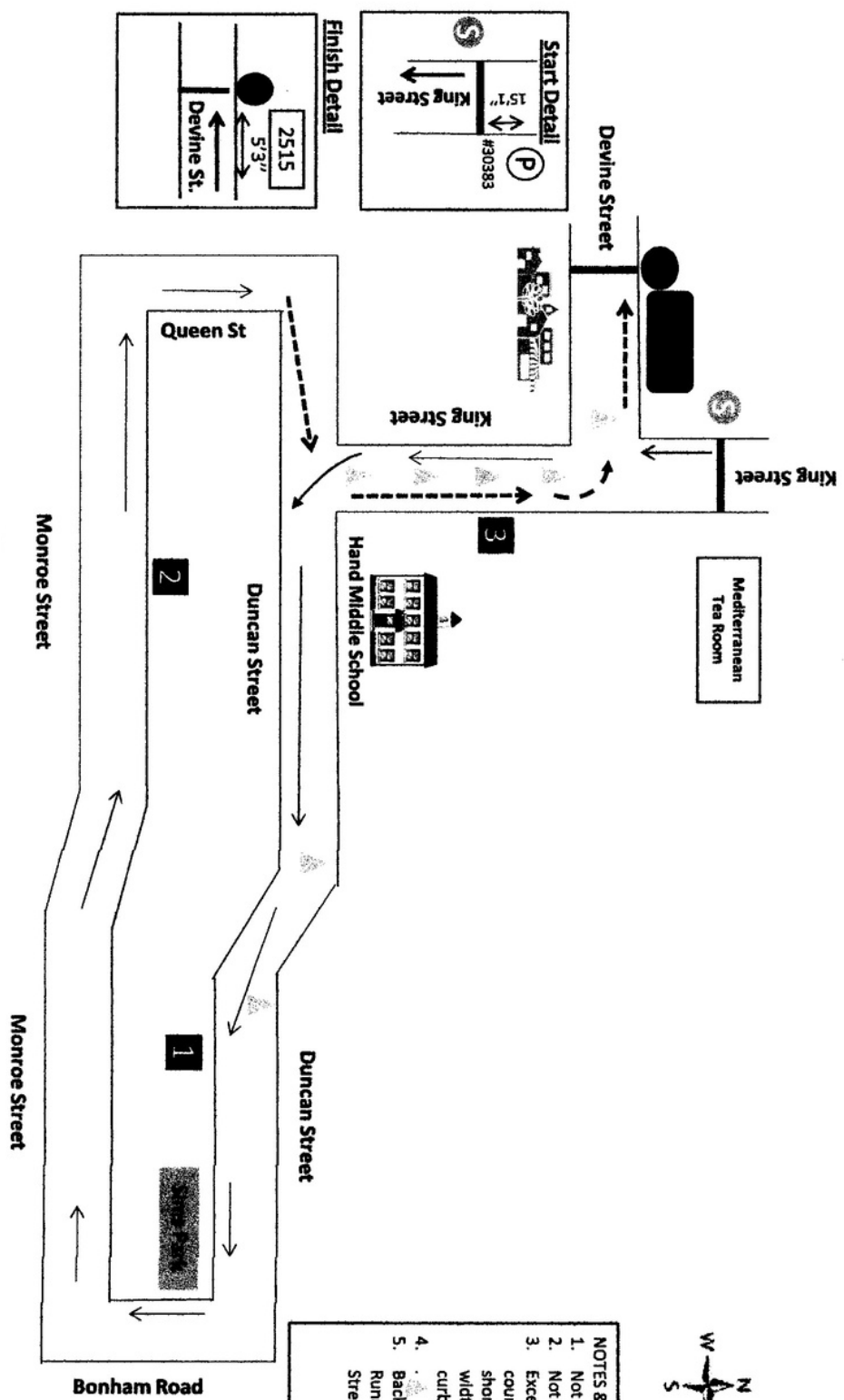
(864) 804-9949

## Benefiting





## FOODSHARE

feeding a need in our community.



Elevation  
 Start: 275 ft  
 Finish: 280 ft  
 Lowest: 260 ft  
 Highest: 292 ft



- NOTES & RESTRICTIONS**
1. Not to Scale
  2. Not all cross streets are illustrated
  3. Except where otherwise noted course has been measured on the shortest possible route using full width of the road to within 18" of curbs and other defined edges
  4.  = Cone
  5.  Back to the Finish Line Crossover Runners will make a left onto King Street = 