



FOR YOUTH DEVELOPMENT®  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY

**SATURDAY, OCTOBER 21**

# PUMPKIN RUN

**5K RUN OR WALK | KIDS FUN RUN | COSTUME CONTEST**

The Pumpkin Run is an event the **WHOLE family can enjoy, pets too!** Along the course we'll have water and trick-or-treat stations. This year, all participants will receive a race medal and an official 2023 Pumpkin Run Tee!

AND, we're adding a little something **NEW** to our **Kids Fun Zone -- a YMCA Spooky Bus.** Kids can also enjoy our bounce house and arts & crafts.

**All race proceeds benefit our Annual Campaign,** which provides scholarships for those in our community who may otherwise be unable to participate in our programs and services.

## ENTRY FEES:

- » 1-Mile Kids Fun Run:  
\$10 run only or \$15 run & t-shirt
- » 5K Early Bird (Ends Sept. 26):  
\$30, run and t-shirt
- » 5K Registration (Sept. 27-Oct. 21):  
\$30, t-shirt based on availability
- » Race Day (Oct. 21):  
\$35, t-shirt based on availability

## PACKET PICK-UP AT NORTHWEST YMCA:

- » Early Pick-Up: Friday, Oct. 20, 5 am - 8 pm
- » Race Day Pick-Up: Starting at 7 am

## RACE DAY SCHEDULE:

- » 7:00 am - Packet pickup & Late registration
- » 8:00 am - Kids 1-Mile Fun Run
- » 8:30 am - 5K Race Start
- » 9:35 am - Awards Ceremony

**Costume Contest:** Wear your favorite costume and see if you're the pick of the patch! Prizes will be given for 1st, 2nd and 3rd place. You must be registered in the race to win!



**REGISTER TODAY**

Visit [columbiaymca.org/events](https://columbiaymca.org/events) or scan the QR code.