



**Saturday, May 11<sup>th</sup> • 3620 Covenant Rd • Forest Acres, SC**

All proceeds from the 6th Annual Miracles in Motion 5K Walk, Run & Roll benefit children receiving services at The Therapy Place in Forest Acres.

**Race Start Times:**

8:45am – Kids' Dash across front parking lot

9:00am – 5K start

9:15am – Family 1 Mile start

**Pre-Registration:**

**5K - \$40**

includes tshirt & festivities, through April 15

**1 Mile - \$30**

includes tshirt and festivities, through April 15

**Tshirt Only - \$30**

\*Tshirt may not be guaranteed after April 15

**5k - \$45**

Starting May 1<sup>st</sup> until race day

**1 Mile - \$35**

Starting May 1<sup>st</sup> until race day

**Tshirt Only: \$30**

\*Tshirt may not be guaranteed after April 15

**Race and Course:**

The course is a USATF certified 5K that flows from The Therapy Place through Forest Acres and returns for the awards ceremony where there will be food & drink, bounce house and kids' activities

The race is part of the Columbia Running Club Tour de Columbia

Awards will be given as follows:

- Overall Male & Female
- 1st, 2nd and 3rd receive kid-made, artwork awards
- Top 3 male and female in each category will receive awards
  - 14 & under / 75 and older / 12 categories in between, representing every 5 years

**Packet Pickup:** Friday, May 10<sup>th</sup> at Strictly Running from 11am to 6pm.

**Festivities include BBQ, beverages, bounce house, playground, music & more!**