



YMCA Turkey Trot

# A COMMUNITY TRADITION

## 43rd Annual Turkey Trot 5K and Gobbler Dash

Start your Thanksgiving with a 5K run in Historic Sumter for families, walkers, and competitive runners. Turkey Trot is an event that focuses on families, healthy living, fun, and a sense of community for all ages and abilities.

**Thanksgiving Day - November 28, 2024 @ 9:00 am**

Register at the YMCA member service desk or on-line at <https://www.ymcasumter.org/register-online/>

Race Day Registration and Check-in begins at 8:00 am

**Turkey Trot** - Certified course, finish line & timing services by Strictly Running

**Gobbler Dash** - City trail for kids ages 6-9, supervised by staff

Awards are done one hour after the race begins. Turkey trot top three finishers per age group per gender, and overall top male and overall female. Top over all for Gobbler Dash.

**Special Awards** - First stroller, first dog, youngest finisher, Stan Dubose Award for oldest finisher, and most festive costume/outfit.

| RACE FEES    | Early Registration* Oct 1 - Nov 26 | Late Registration Nov 27 - 28 |
|--------------|------------------------------------|-------------------------------|
| Turkey Trot  | \$25                               | \$35                          |
| Gobbler Dash | \$20                               | \$30                          |

SUMTER FAMILY YMCA 510 Miller Road Sumter, SC 29150  
803-773-1404 [ymcasumter.org](http://ymcasumter.org)

**Mission: To put Christian principles into practice through programs that build healthy spirit, mind and body for all.**



FOR YOUTH DEVELOPMENT®  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY

# TURKEY TROT REGISTRATION FORM

Rain or Shine Event (no refunds)

Please Print

Name: \_\_\_\_\_ E-Mail Address: \_\_\_\_\_  
Last First M.I.

Address: \_\_\_\_\_  
Number Street City State Zip

Phone: \_\_\_\_\_ Gender: M \_\_\_ F \_\_\_ DOB: \_\_\_/\_\_\_/\_\_\_ Age on Race Day: \_\_\_\_\_

## Circle Appropriate Age Division for Turkey Trot:

6 - 9 10 - 14 15 - 19 20 - 24 25 - 29 30 - 34 35 - 39 40 - 44 45 - 49 50 - 54 55 - 59  
60 - 64 65 - 69 70 & over

Free race t-shirt with registration. Circle your shirt size.

Turkey Trot: Adult - S M L XL XXL 3XL

Youth - S M L XL

Gobbler Dash: ages 6 - 9 (youth sizes only) Youth - S M L XL

*Shirts will be available, first come first serve, at packet pick up Wednesday, November 27 12:00 pm - 7:00 pm.*

**Waiver:** In consideration of my participation in the Sumter Family YMCA Turkey Trot, I hereby release and hold harmless the YMCA of Sumter, and their sponsors, affiliates agents, servants, employees, assigns, successors, and heirs or distributors and all officials concerned from any and all claims, actions, losses, damage, or expenses for personal or bodily injury (including death) and property loss or damage incurred by me arising out of or in conjunction with my participation in the Sumter Family YMCA Turkey Trot to be held November 28, 2024. I warrant that I am in good health, and have trained sufficiently for this event. I have read the foregoing and am of legal age to consent to this waiver for the event.

\_\_\_\_\_  
Signature (Parent/Guardian if under 18)

\_\_\_\_\_  
Date