## RACE FOR THE AGES ROCKIN' 5K



BENEFITTING VULNERABLE ADULTS DISPLACED FROM LONG-TERM CARE FACILITIES.

**Runners and Walkers Welcome!** 

SATURDAY NOVEMBER 1, 2025 - 8AM
THE FIELDS AT SALUDA SHOALS PARK
6071 ST. ANDREWS ROAD, COLUMBIA, SC

Visit <a href="https://strictlyrunning.com/gpuilreg-8l.asp?uRaceId=4761">https://strictlyrunning.com/gpuilreg-8l.asp?uRaceId=4761</a> for registration details and to sign up as a sponsor, or participant

Questions? - Contact Desmond Harrison - dharrison@aging.sc.gov