



## 5K & 2K Trail Race, Kids Reindeer Games & 400 meter Run December 1, 2018

**Location:** Heathwood Hall Episcopal School  
3000 S. Beltline Blvd. Columbia, SC, 29201

**Events/Time:**

- **5K Trail Run** (6 yrs. & up): 8:30 a.m. \$30
- **Prize Money - top Male and Female Runners!**
- **2K Trail Run** (7-14 yrs.): 9:30 a.m. \$25
- **Team Race - 5K and 2k** (3 members, any age or sex)  
Please Indicate entry here for 5K OR 2K and team name on Registration Form below. Team fee \$65  
Family of Four fee \$95 (separate registration form for each)
- **Kid's Reindeer Games and 400m run** (Age group races up to 4<sup>th</sup> grade yr) \$20 Games begin at 9:00 a.m. \$20
- **Costume Concert:** 10:00 a.m. - line up on 50 yard line of football field
- **Awards Ceremony:** 10:15 a.m.
- Awards to top Male and Female, top 3 in each age group category
- Awards to top three teams
- Prizes/Awards for Best Costume, Adult, Youth and Children  
Top three in each category
- **T-Shirt:** Adult and Youth sizes.

**Registration:** Online @ [www.strictlyrunning.com](http://www.strictlyrunning.com)

Deadline for guaranteed T-shirt Nov. 26<sup>th</sup>. Day of registration begins 6:45am. Packets available for pick up at Strictly Running on Friday, November 30<sup>th</sup>

Race Day Registration \$35 or \$25 for youth races

**Awards:** 5k for the top overall winners (male and female) and overall masters male and female. (Overall winners are not eligible for age group awards.) 5K Age Group categories male and female– 6-9; 10-14; 15-19; 20-24; 25-29; 30-34; 35-39; 40-44; 45-49; 50-54; 55-59; 60-64; 65 & over...  
2K Male and Female overall Winner; Age groups male and female 7-10; 11-14