



5k & 2k Trail Race, Kids Reindeer Games & 400 meter Run Dec. 1, 2018

Location: Heathwood Hall Episcopal School
3000 S. Beltline Blvd. Columbia, SC, 29201

Events/Time:

- **5K Trail Run** (6 yrs. & up): 8:30 a.m. \$30
- **Prize Money - top Male and Female Runners!**
- **2K Trail Run** (7-14 yrs.): 9:30 a.m. \$25
- **Team Race - 5K and 2k** (3 members, any age or sex)
Please Indicate entry here for 5K OR 2K and team name on
Registration Form below. Team fee \$65
Family of Four fee \$95 (separate registration form for each)
- **Kid's Reindeer Games and 400m run** (Age group races up to 4th grade yr) \$20 Games begin at 9:00
a.m. \$20
- **Awards Ceremony:** 10:00 a.m.
- Awards to top Male and Female, top 3 in each age group category
- Awards to top three teams
- Prizes/Awards for Best Costume, Adult, Youth and Children
Top three in each category
- **T-Shirt:** Adult and Youth sizes.

Registration: Online @ www.strictlyrunning.com

Deadline for guaranteed T-shirt Nov. 26th. Day of registration begins 6:45am. Packets available for pick up at
Strictly Running on Friday, November 30th

Race Day Registration \$35 or \$25 for youth races

Awards: 5k for the top overall winners (male and female) and overall masters male and female. (Overall winners are not eligible for age group awards.) 5K Age Group categories male and female– 6-9; 10-14; 15-19; 20-24; 25-29; 30-34; 35-39; 40-44; 45-49; 50-54; 55-59; 60-64; 65 & over...

2K Male and Female overall Winner; Age groups male and female 7-10; 11-14