

# January 26<sup>th</sup> 2019

## 5K Run & 1 mile "Fun Run"

Ranked one of the Top 20 races in SC!

3700 Devine Street Columbia, SC 29205

SAINT JOSEPH CATHOLIC SCHOOL

# <u>5K & Fun Run Course</u> <u>Descriptions:</u>

The 5K start line is behind Saint Joseph Catholic Church/School (on the corner of Bonham & Blossom streets). The race loops through the historic Shandon neighborhood and finishes behind the school on Blossom Street. The Fun Run begins/ends on Bonham Street.

#### **5K Pre-Registration:**

- \$30 fee per person for 5K (regardless of age).
- One free "Fun Run" registration is included with every paid 5K entry.
- All 5K runners will receive a race t-shirt if they register BEFORE January 17, 2019.
- Runners who register after January 17, 2019 are not guaranteed a race t-shirt.

### **5K Day-Of-Race Registration:**

- \$35 fee per person for 5K (regardless of age).
- Race t-shirts are not guaranteed.

### **Fun Run Registration:**

(for children ages 10 and under / 1 mile run)

- \$10 fee per child for the Fun Run. This does not include a race shirt, however you can purchase a race shirt for an additional \$20.
- PLEASE NOTE that one free Fun Run registration is included with each paid 5K entry.
- All who finish the Fun Run will receive a Finisher's Medallion.

## **Race Start Times:**

- 5K starts at 8:00AM
- Fun Run starts at 8:45AM

## Packet Pick-Up for Pre-Registered Racers:

- FRIDAY, JANUARY 25<sup>th</sup> (11:00AM 6:00PM) at Strictly Running (2515 Devine Street), or
- SATURDAY, JANUARY 26<sup>th</sup> (7:00AM) on race day at the school.

#### 5K Awards:

CASH AWARDS will be given to the:

- Top three male and female overall finishers
- Top male and female Masters (40 49 years old) and Grand Masters (50+ years old)

Hand-crafted, student-made, awards will be given to the top three male and female finishers in each age group:

- 6 years old and younger
- 7 8 years old
- 9 10 years old
- 11 12 years old
- 13 14 years old
- Every five years ages 15 through 70 and older

### **Saintly Info:**

- The 5K is a certified course.
- The race is part of the Columbia Running Club Tour de Columbia.
- For the safety of all, please leave pets at home!
- A portion of the race proceeds will go to the St. Vincent de Paul Food Pantry.
- Rain or shine, the race will go on!
- USATF Certificate # SC14012DW
- For more information, please contact MC Cox at <u>mccox@sc.rr.com</u> or Melissa Andrews at <u>mdkandrews@att.net</u> or call Saint Joseph Catholic School (803) 254-6736

All registrations must be completed on-line:

www.strictlyrunning.com